

2026 - 2027
SPORTS PSYCHOLOGY MINOR



THE MINOR (21 credits)

Courses in a minor do not "double-count" with a major field of study or another minor field of study unless the course is considered a requirement for both programs.

BEHAVIORAL SCIENCE COURSES

PSY 2170	Abnormal Psychology	3
PSY 3300	Sports Psychology	3
PSY 3550	Health Psychology	3
PSY 3600	Motivation and Emotion	3

DEPARTMENTAL ELECTIVES

Choose 3 of the following:

BHS 2400	Research Methods	3
BHS 3270	Social Psychology	3
BHS 4000	Brain and Behavior	3
BHS 4050	Addictive Treatment	3
BHS 4730	Practicum in Behavioral Science	3
BHS 4740	Adv Practicum in Behavioral Science	3
BHS 4930	Internship in Behavioral Science	3
@ BIO 2210	Principles of Nutrition (prereq: BIO 1610/1620)	3
EXS 2000	Kinesiology	3
MAT 3200	Probability and Statistics	3
PSY 1100	Introduction to Psychology	3
PSY 2100	Introduction to Counseling	3
PSY 2600	Multicultural Psychology	3
PSY 3260	Biblical Psychology	3
PSY 3270	Psychology of Women	3
PSY 3380	Theories of Personality	3
PSY 3440	Process/Techniques of Counseling	3
@ PSY 4000	Group Techniques of Counseling (prereq: PSY 3340)	3
PSY 4170	Psychological Measurements	3
SOC 2100	Marriage and Family	3
SOC 3230	Substance Use and Abuse	3