

**2026-2027**  
**EXERCISE SCIENCE MINOR**



**THE MINOR (22 credits)**

*Courses in a minor do not "double-count" with a major field of study or another minor field of study unless the course is considered a requirement for both programs.*

**ANATOMY AND PHYSIOLOGY REQUIREMENTS**

***Choose one of the following:***

|                 |                                  |   |
|-----------------|----------------------------------|---|
| BIO 2010/2020   | Anatomy & Physiology 1 + Lab     | 4 |
| @ BIO 3310/3320 | Adv Anatomy & Physiology 1 + lab | 4 |

**EXERCISE SCIENCE REQUIREMENTS**

|            |                               |   |
|------------|-------------------------------|---|
| EXS 1050   | Dynamics of Fitness           | 3 |
| EXS 2000   | Kinesiology                   | 3 |
| @ EXS 2250 | Care and Prevention of Injury | 3 |
| @ EXS 3000 | Strength and Conditioning     | 3 |
| @ EXS 3600 | Fitness Assessment            | 3 |

***Choose one of the following:***

|            |                     |   |
|------------|---------------------|---|
| BIO 2210   | Nutrition           | 3 |
| @ EXS 4180 | Exercise Physiology | 3 |
| @ EXS 4240 | Biomechanics        | 3 |

**GRADUATION REQUIREMENTS**

To receive a degree, each student must satisfy checklist requirements, earn 120 credit hours, have a 2.2 GPA in major courses, a 2.0 GPA in minor courses, and a GPA of 2.0 overall. It is the student's responsibility to work with his/her advisor and monitor progress toward these goals. Some majors and/or minors may have more stringent guidelines.

*\* Indicates a course taught by a partner college/university.*

*@ Indicates a course with prerequisites. Please review catalog for prerequisites.*