

**2025 - 2026**  
**SPORTS PSYCHOLOGY MINOR**



**THE MINOR (21 credits)**

*Courses in a minor do not "double-count" with a major field of study or another minor field of study unless the course is considered a requirement for both programs.*

**BEHAVIORAL SCIENCE COURSES**

PSY 2170	Abnormal Psychology	<b>3</b>
PSY 3300	Sports Psychology	<b>3</b>
PSY 3550	Health Psychology	<b>3</b>
PSY 3600	Motivation and Emotion	<b>3</b>

**DEPARTMENTAL ELECTIVES**

***Choose 3 of the following:***

BHS 2400	Research Methods	3
BHS 3270	Social Psychology	3
BHS 4000	Brain and Behavior	3
BHS 4050	Addictive Treatment	3
BHS 4730	Practicum in Behavioral Science	3
BHS 4740	Adv Practicum in Behavioral Science	3
BHS 4930	Internship in Behavioral Science	3
BIO 2210	Nutrition	3
EXS 2000	Kinesiology	3
MAT 3200	Probability and Statistics	3
PSY 1100	Introduction to Psychology	3
PSY 2100	Introduction to Counseling	3
PSY 2600	Multicultural Psychology	3
PSY 3260	Biblical Psychology	3
PSY 3270	Psychology of Women	3
PSY 3380	Theories of Personality	3
PSY 3440	Process/Techniques of Counseling	3
PSY 4000	Group Techniques of Counseling	3
PSY 4170	Psychological Measurements	3
SOC 2100	Marriage and Family	3
SOC 3230	Substance Use and Abuse	3

**GRADUATION REQUIREMENTS**

To receive a degree, each student must satisfy checklist requirements, earn 120 credit hours, have a 2.2 GPA in major courses, a 2.0 GPA in minor courses, and a GPA of 2.0 overall. It is the student's responsibility to work with his/her advisor and monitor progress toward these goals. Some majors and/or minors may have more stringent guidelines.

*† Indicates a course taught by a partner college/university.*

*@ Indicates a course with prerequisites. Please review catalog for prerequisites.*