

2025-2026
EXERCISE SCIENCE MINOR



THE MINOR (22 credits)

Courses in a minor do not "double-count" with a major field of study or another minor field of study unless the course is considered a requirement for both programs.

ANATOMY AND PHYSIOLOGY REQUIREMENTS

Choose one of the following:

BIO 2010/2020	Anatomy & Physiology 1 + Lab	4
BIO 3310/3320	Adv Anatomy & Physiology 1 + lab	4

EXERCISE SCIENCE REQUIREMENTS

EXS 1050	Dynamics of Fitness	3
EXS 2000	Kinesiology	3
EXS 2250	Care and Prevention of Injury	3
EXS 3000	Strength and Conditioning	3
EXS 3600	Fitness Assessment	3

Choose one of the following:

BIO 2210	Nutrition	3
EXS 4180	Exercise Physiology	3
EXS 4240	Biomechanics	3

GRADUATION REQUIREMENTS

To receive a degree, each student must satisfy checksheet requirements, earn 120 credit hours, have a 2.2 GPA in major courses, a 2.0 GPA in minor courses, and a GPA of 2.0 overall. It is the student's responsibility to work with his/her advisor and monitor progress toward these goals. Some majors and/or minors may have more stringent guidelines.

† Indicates a course taught by a partner college/university.

@ Indicates a course with prerequisites. Please review catalog for prerequisites.